

Cultural Differences in Parenting

Cultural beliefs and traditions can enrich a family's life. But when you and your partner have different cultural backgrounds, conflicts may come up.

Talk with your partner about what cultural values are most important to them. Tell your partner what's important to you. Then find the core values that you share. Use these to create your own family traditions.

What you can do

- Combine the best of your two backgrounds. Celebrate the holidays, speak the languages and cook the traditional foods from both cultures.
- Make new family traditions that focus on your shared core values.



FAMILY STORY

My mother couldn't read English and didn't know any of the English nursery rhymes. So I took her to the library to pick out picture books. She used them to tell her own stories to my son in Mandarin.

